Adoptive & Foster Families of Maine, Inc. (AFFM) provides statewide support services for adoptive, foster and kinship families. Services include 24/7 listening support, support groups, 1:1 mentoring, clothing and material goods, a statewide conference and referral services.

Phone: (800) 833-9786 / www.affm.net

Autism Society of Maine (ASM) promotes lifelong access and opportunity for all individuals on the autism spectrum to become participating members of their communities. Autism Information specialists provides 1:1 help for families and individuals with Autism navigating services in their area. Services include workshops, summer camp, family support groups and referral services.

Phone: (800) 273-5200 / www.asmonline.org

G.E.A.R. Parent Network empowers parents/caregivers of children with behavioral health needs to build on family strength, promote hope and self-reliance and advocate for the family’s needs. Services include 1:1 in-home parent peer support, phone support, positive parenting education, social events, support groups, conferences, trainings, referrals to services and advocacy.

Phone: (800) 264-9224 / www.gearparentnetwork.org

Maine Parent Federation (MPF) offers support to parents of individuals with disabilities through each of its projects. Services include the Family Support Navigator program, referrals, workshops, printed materials and a newsletter.

Phone: (800) 870-7746 / www.mpf.org

NAMI Maine is dedicated to building better lives for the one in four Mainers affected by mental illness. Services include social and emotional support, advocacy and public policy, helpline offering information and resources and the NAME Basics education program.

Phone: (800) 464-5767 / www.namimaine.org