



## PARENT-PEER LEADERSHIP INSTITUTE

Certification as a Family/Parent Peer Specialist for  
parents who are employed in Maine's Behavioral Health Homes



"TRANSFORMING FAMILIES AND SYSTEMS THROUGH  
PARENT KNOWLEDGE AND THEIR LIVED EXPERIENCES"

### Training dates, location and times:

**Dates:** March 22, 24 and 26th, 2021 (with March 29<sup>th</sup> as a cancellation/snow date)  
**Location:** Crisis and Counseling Centers, 10 Caldwell Rd, Augusta, ME  
**Held from:** 8:30 a.m. to 5 p.m. with 30 minute lunch on your own  
**Cost:** \$375 per person (At this time we are limiting attendance to first 4 qualified applicants due to COVID19)

**Contact:** G.E.A.R. Parent Network Director, Cindy Seekins, Director at [cseekins@crisisandcounseling.org](mailto:cseekins@crisisandcounseling.org)  
for training application registration form. Have questions? Call 207-441-7216 or 1-800-264-9224

### Applicant Criteria:

1. Applicant must have 3+ years of lived experience as a parent or in a parenting role raising a child/youth with emotional, developmental, behavioral, substance use or mental health concerns (parents or a caregiver/foster parent, or grandparent who has 3 or more years' experience raising that one child with mental health concerns);
2. Is also able and willing to articulate their lived experiences and
3. Applicant has 3+ years of experience navigating the systems of care such as children's behavioral health, child welfare, special education or juvenile justice system on behalf of that child. **(Note: # of years of lived experience is determined from the date your child/youth received their first mental health diagnosis to today's date and is not from time of their birth. In the case of caregivers, foster parents or grandparents it would be from date the child came to live with you to today's date)**

**Training Includes:** 2 hours of parent peer training in each of the 11 required Domain Areas as required by Maine and set forth the National Certification Commission for Family Support [www.ffcmh.org](http://www.ffcmh.org) (22+ hours plus 2 hours of discussion and activities = 24 hours total. Each graduate is certified as a "BHH parent/family peer specialist" as is required for Maine Behavioral Health Homes certification.

**BHH Organizations - Are you in need of Parent/Family Peer Specialists now? Contract options are available that also include monthly progress notes! G.E.A.R. Parent/Family Peer Specialists have both Maine and National certifications and are available to help you meet the requirements of having BHH Parent/Family Peer Support!**

*Since its inception, family involvement has been a core value of systems of care and a core component of family involvement is the ability for parents and caregivers with lived experience and experience navigating services and systems to help other parents (e.g., parent-to-parent peer support).*



G.E.A.R. Parent Network is a Parent-to-Parent Network of Information & Support for Parents of Children with behavioral health needs, is a program of Crisis & Counseling Centers, Inc. and is funded by the Department of Health & Human Services, the United Way and Private Donations

**Administration:** 10 Caldwell Rd, Augusta, Maine 04330 • (207) 626-3448 (voice & TTY); Fax (207) 626-3453