



10 Caldwell Rd, Augusta, Maine 04330 • 1.800.264.9224 or 207.223.9993

Supporting Families

who are caring for a child/youth with mental, emotional, substance use or behavioral health concerns

G.E.A.R. Parent Network Provides:

Nationally Certified Parent/Family Peer Specialists

- Emotional support
- 1:1 support both in home & in the community
- Resource information & referral to services
- System navigation
- Supportive support groups
- Toll free 800#

Education & Training

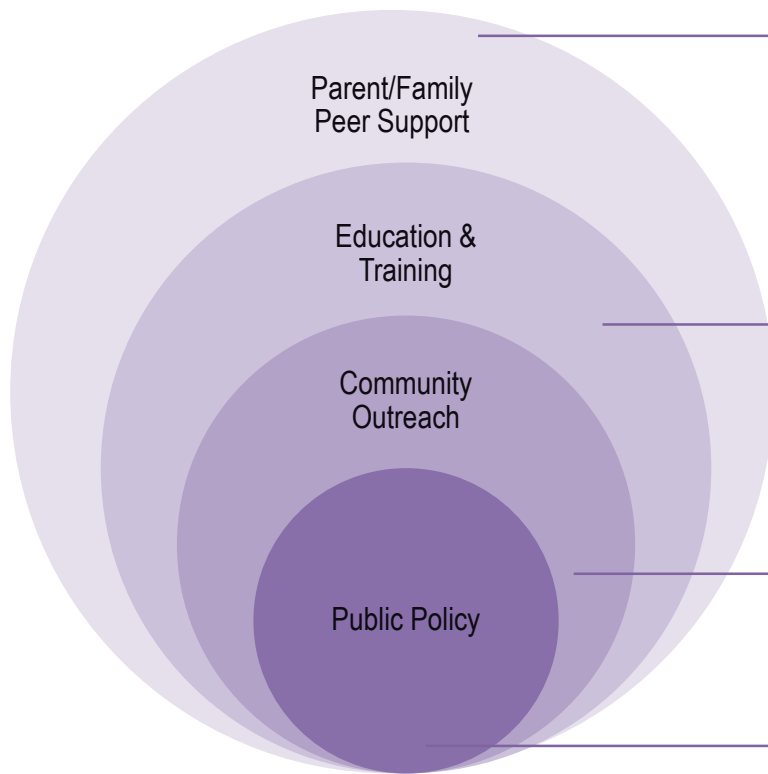
- Train families, youth & professionals
- Educate child-serving systems
- Educational workshops & conferences
- State Certification of Behavioral Health Homes Parent/Family Peer Specialists

Community Outreach

- Community resource fairs
- Children's mental health awareness education
- Family social & recreational activities

Public Policy

- Identify needs of families & their children
- Participate in program design & evaluation
- Recruit & train family leaders



Strengthening Communities

by developing partnerships and building mental health awareness to reduce stigma statewide

Lived Experience

All are parents of a child/youth with a mental, emotional, substance use or behavioral health concern

Family-Driven

To ensure that all parents/caregivers are the primary decision makers for their child/youth.

Cross-System Partnership

Collaboration with all child-serving systems and community partners

Culturally Responsive

We reflect the diversity and culture of our state and communities

Empowering Families

We build on the unique strengths and values of families to promote resiliency factors